

News Exchange

£100 MILLION FOR GATEWAY OF OPPORTUNITY



The Thames Gateway launch was recently held at their new offices at Exchange Tower in November 2004, hosted by the Deputy Prime Minister John Prescott.

Mr Prescott announced a £100 million funding package to deliver new schools, world class sports facilities, business opportunities, health, arts and training centres, libraries, nature parks, theatres, and sustainable transport links.



The Thames Gateway - the largest regeneration zone in Western Europe - is to be transformed as thriving communities are created by stimulating cultural and economic growth, improving the environment and generating around 180,000 jobs.

The Thames Gateway has a central role is London's bid for the 2012 Olympic and Paralympic Games.

RAISING STANDARDS

SECURITY

The security contract for Exchange Tower and Harbour Exchange Square was recently re-tendered. After extensive and detailed analysis First Security were retained and given the opportunity over the next six months to raise the standard in all areas, including presentation and management support. All guards will be issued with new black suits to improve the overall appearance and compliment the Concierge service. Additional training will be provided to ensure compliance with the new licencing regulations.

CONCIERGE SERVICE

An additional receptionist Joanna, from Office Concierge has joined Simone and Charlie within the reception team. As part of the new Concierge service you can now book a VIP car, music events tickets, UK overnight deliveries and all your hospitality requirements. The Helpdesk calls and access barrier enquiries have been transferred from the Management office to the main reception.

All of the reception team will wear smart black suits which will compliment the new security look (see picture).



The Visitor Pass system is being upgraded in an effort to streamline the existing reception procedures and provide more efficient and professional service for tenants and their visitors.

MEETING FACILITIES AT YOUR DOORSTEP

The Conference Room within the Management office on the Ground Floor of Building 1, is available for tenants to hire. This can be booked by contacting Peter Black at Octagon 2 - Tel: 020 7308 0169 or building internal telephone No. 215.

The Management office will be undergoing some alterations to accommodate additional meeting rooms and will provide a more modern 'open plan' environment for the management team.

TALKING LIFTS

DDA (Disability Discrimination Act) works to lifts has commenced with the installation of gongs and floor voice annunciations.

ENVIRONMENTAL INITIATIVES

Chillers With the replacement of the chillers this year care will be taken to ensure compliance with environmental regulations.

Saving water The recent installation of microbiological urinal devices to the gent's urinals has enabled water usage in gents toilets to be greatly reduced.

Saving energy The installation of low energy LED lighting in lift lobbies has commenced. This will improve energy efficiency, reduce maintenance costs and provide more consistent lighting levels.

Recycling Thank you to all tenants for the recycling efforts during 2004. We would like to improve further during 2005 and would ask all tenants to make a special effort.

New Tenants

We are pleased to welcome to

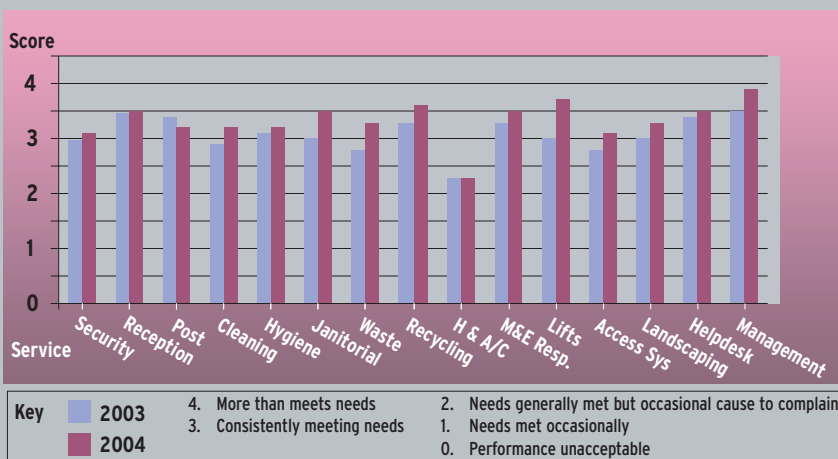
- Building 1:** 14th - 15th Floors - **Sapient**
Suite 6.03 - **Uniastrum**
- Building 2:** 10th Floor - **Thames Gateway**
Suite 7.02 - **English Partnership**
- **ETN**

Tenants' Quality Survey Results Summer 2004

The recent survey highlighted that most tenants are very satisfied with the standard of the services provided at Exchange Tower. We are aware that there is room for improvement, in particular to the heating and A/C category. Norlands are available to carry out individual surveys for tenants to highlight problem areas, if required. Building management will be happy to provide advice to tenants on how they might be able to improve their working conditions.

Congratulations to Interfleet Technology whose survey form was first to be picked out of the hat and they won the Bottle of Bubbly.

The kind cooperation of the tenants that took part in the survey is very much appreciated and all the additional comments that tenants provided have been noted and have been passed onto the individual service areas.



Get on your Bike!



Now that cycle lanes are in place both in and around the London area, it has become much safer to cycle into work. If you would like to check out the cycle routes the London Cycle Campaign website is very useful www.lcc.org.uk. Cycle racks are available in the Exchange Tower basement car parks and shower room facilities are already in place. However, to ensure that we can accommodate the growing number of cyclist's requirements, proposals are in place for dedicated shower room facilities to be installed in the building during 2005.

Tinies
Childcare

Tinies Childcare

Tinies office is now based in The Octagon on the Ground Floor of Building 2. Tinies Childcare is a large professional childcare recruitment agency with over 29 years experience. Tinies supply qualified and experienced local nannies across South East London and Essex, and are members of the Recruitment and Employment Confederation.
www.tinieschildcare.co.uk

Wellbeing

We invite all tenants to take advantage of the exercise classes and massage services that are regularly available within the building. To arrange these please contact:

Amanda (Body Conditioning Exercise Classes)

Mobile: 07787 977 222

Caroline (Stress Relief Massage)

Mobile: 07775 925 713

The Enforcers Skating Hockey Team

The Enforcers youth team, made up of players from the Isle of Dogs and East London, won the L.E.S.H.A. (London and Eastern Skater Hockey Association) after a hard fought season beating their London rivals "Warriors" and 2003 league and Bisha National Champions the Borehamwood Crusaders. Goal Keeper Robert Jones, and Captain David "Peewee" Howard were both selected by other teams from the league as best players for 2004 end of season dream team.

The team qualified for the 2004 B.I.S.H.A National Championships which was held in Torquay at the end of November to compete against other league champions from across the country. The squad of eight players (7 on field one keeper) held their own against stiff opposition and achieved a national best placement of third place.



Team Players: David Howard (C), Robert Jones (GK), Jake Vinnicombe (AC), Steven Young, Ian Young, Tom Weare, Joe Weare, Shane Kemp, Rhys Williams,
Coach- Carl Skepple, Manager - Adrian Williams

Children's Safety Education

The Children's Safety Education Foundation is a brand new charity which aims to promote and further the personal safety, social, health and citizenship of children and young people. The charity is community focused and, with the support of



local businesses, aims to provide children throughout the UK with access to educational safety programmes with topics such as: Bullying, First Aid, Road Safety, Drug - Alcohol and Solvent Mis-use, Vandalism, Fire Safety, Car Crime, Anti-social Behaviour.

Exchange Tower is proud to support this charity which assists them in providing these programmes to our chosen local school, Cubitt Town Primary in Poplar.

The Cubitt Town Primary School choir (pictured below) held a lunch time Carol Singing session last December and raised £230 for their school funds to which they were delighted.



The Jazz Band (below) provided a great atmosphere for the Tenants Mulled Wine reception during the December Book People event.



These events have proved to be a great success and very popular. They are well supported by the building tenants, and with 10% of each sale donated to Great Ormond Street Children's Hospital (over £1300 last year) it makes it all worthwhile! Your continued support is appreciated!

Red Nose Day - Friday 11 March

This year Comic Relief has committed to using some of their funds to help the victims of the tsunami disaster in Indonesia rebuild their shattered lives. We hope that individual tenants will have their own fundraising ideas but at Exchange Tower we intend to **JUST DO SOMETHING**. To help raise money on the day, and to get everybody in the 'giving' mood, we have arranged for the Hot Rhythm Jazz Trio to provide lively music in the Atrium from 12 noon - 3 p.m., together with a stilt walking magician who will

provide the entertainment and collect as much money as possible. The Book People will also be paying a special visit with 10% of their books sales on the day being donated to Comic Relief. You can enjoy a glass of Fino's 'Punch' for £1 served by the Management Team, and we hope that it will be a fun day for everyone. If you have any other ideas for the atrium event and how we could make it more successful, please let us know. Email your ideas and suggestions to: val@exchange-tower.co.uk.



WOOD PULP SOURCED FROM SUSTAINABLE FORESTS



ELEMENTAL CHLORINE FREE (ECF)



RECYCLED FIBRES IN FURNISH